

# The Bailis Bugle

January 2012



Susan Bailis Assisted Living  
352 Massachusetts Avenue  
Boston, MA 02115  
Ph: (617) 247-1010  
Fax: (617) 247-9595

**Shopping at  
Target &  
Ocean State**  
*January 9*

**Cocktail Hour  
w/Elvis!**  
*January 13*

**Harmonizing  
Stars of Boston  
for Dr. Martin  
Luther King  
Jr. Day**  
*January 16*

**Lifeline  
Screening All  
Day Events!**  
*January 19*

**Eyes on Owls  
Live Owl Show**  
*January 25*

**Chinese New  
Year Tea!**  
*January 23*

**NEC Music  
Lecture**  
*January 27*

## The Chinese New Year!

At midnight on January 23, you may hear cheers of "Happy New Year!" These well-wishers aren't three weeks late – January 23 is the Chinese New Year, the most important of all of China's traditional holidays. This is a time for families to gather together and share big meals, as well as a time to forgive grudges and wish for peace and happiness.

According to the Chinese Zodiac, 2012 is the Year of the Dragon. Anyone born in this year is energetic, confident, and strong willed. We will be offering Chinese

tea and Chinese New Year trivia at 10:00 AM and will be playing games that relate to Chinese New Year at 11:00 AM. Come join in on the fun.



## Life Line Screening!

On January 19<sup>th</sup> Emerson Hospital will be holding Life Line Screenings for all interested residents and community partners.

Life Line Screening uses painless ultrasound (sonogram) to see the plaque build-up in your arteries—a leading cause of stroke. According to the National Stroke Association 80% of strokes can be prevented

Please see the Community Bulletin Board outside the dining room for further information. **The services offered will be for a fee and you**



**may purchase one or all the offered screening services through Emerson Hospital on that day.**

Four complimentary service vouchers valued at \$45.00 will be raffled off to our residents on Monday, January 16<sup>th</sup>. See Suzanne or Debbie for details.



*The largest snowflake ever recorded was 15 inches wide.*

## Full-Grown Flakes

Look in the sky! It's a bird. It's a plane! No wait, it's a giant snowflake! Believe it or not, snowflakes the sizes of dinner plates have been known to fall. On January 28, 1887, Matt Coleman, a rancher from Fort Keogh, Montana, saw a snowflake that measured 15 inches wide and eight inches thick. He described the falling flakes as "larger than milk pans."

How do you measure these monsters? Any kid could measure a snowflake with a ruler, but

scientists are now making precise measurements with laser probes attached to airplanes.

Most snowflakes are a mass of snow crystals stuck together as they collide and combine in midair. However, it turns out that even some snowflake crystals can be big enough to see. The biggest individual crystals are the size of a dime. Imagine many of these dime-sized crystals sticking together, and you have one huge snowflake.

## Zap It! Dinner's Ready!

Sometimes the best inventions are the ones discovered by accident – penicillin, potato chips, even the microwave oven.

In 1946, Dr. Perry Spencer, an engineer for the Raytheon Company, was testing a device called a "magnetron," a tube that created microwaves. Magnetrons were originally invented to be installed in Britain's radar system during World War II. The microwaves they emitted could spot Nazi warplanes high overhead.

Dr. Spencer, while testing the magnetron, suddenly discovered that the chocolate bar in his pocket had melted. The radar microwaves had cooked it! Spencer tried another experiment. He placed some popcorn near the magnetron tube, turned it on, and watched as the popcorn sizzled and popped. Spencer tried still another experiment. He called a

colleague in to watch as he placed an egg near the magnetron. The egg shook, and the colleague leaned in for a closer look – perhaps too close, because the cooked egg exploded all over his face. Spencer knew he had stumbled upon something great.

Engineers went to work on Spencer's idea. By 1947, they had constructed a six-foot tall, 750-pound box that looked like a refrigerator. This original microwave cost nearly \$5,000. Raytheon did not sell very many.

As the years went by, the design became smaller, cooking became safer, and the cost came down. Spencer patented his refined invention on January 24, 1950. Soon the "Radarange," as this invention was called, was popular in every hotel, restaurant, and home kitchen. Once considered a luxury, they were now a necessity. How could we ever live without them?



*Like many important inventions, the microwave was invented by accident.*



*Only 1 percent of those who ever played the game are inducted into the Hall of Fame. Of these record holders, Pete Rose, Barry Bonds, and Mariano Rivera are not in the Hall of Fame. Not yet, anyway.*

## A Shrine to Baseball

On January 29, 1936, the Baseball Hall of Fame inducted its first class of Hall-of-Famers in Cooperstown, New York. Ty Cobb, Babe Ruth, Honus Wagner, Christy Matthewson, and Walter Johnson all enjoyed the great honor.

The idea of building a Hall of Fame began a year earlier in 1935, when an organization dreamed of building a museum honoring America's national game. Why Cooperstown, New York? It was hoped that the museum would provide an economic boost to the local economy. At the time, it was commonly believed that Civil War hero Abner Doubleday had invented the game in that very town.

While Doubleday's claim on the invention of the game turned out to be false, one thing was for certain – fans loved the game, and they flocked to the Hall of Fame. The Doubleday myth was Cooperstown's great fortune. Today the Hall of Fame gets over

350,000 visitors each year. It holds over 38,000 artifacts from some of the game's most storied players. Perhaps the most glorious room of all is the Plaque Gallery, a vast hall where bronze plaques memorializing every inductee grace the walls like a baseball shrine. Here are some of baseball's most famous record holders:

- Most Career Hits – Pete Rose (4,256)
- Most Home Runs – Barry Bonds (762)
- Highest Career Average – Ty Cobb (.366)
- Longest Hitting Streak – Joe DiMaggio (56)
- Most Strikeouts – Nolan Ryan (5,714)
- Most Career Wins – Cy Young (511)
- Most Saves – Mariano Rivera (603)
- Most Stolen Bases – Ricky Henderson (1,406)

## A Shocking Day

You walk across the carpet, reach for the doorknob, and ZAP...you get a shock! What exactly is this strange phenomenon? Perhaps the best day to answer this question is on January 9, Static Electricity Day.

The secret of static electricity begins with tiny, microscopic atoms. The insides of atoms are made up of electrically charged electrons. Amazingly,

these miniscule electrons can move from one atom to another. When feet rub on the carpet, electrons move from the atoms in the carpet to the atoms in your feet. Touch a brass doorknob and ZAP, the knob is a conductor of energy. The electrons jump from your hand to the knob with a tiny spark. Sometimes people really do have electric personalities.

*Static electricity is created when an object gives up or gains electrons.*



### Notable Quotable

“A rich man is  
nothing but a poor  
man with money.”

~ W. C. Fields  
comedian

## Horoscopes and Birthdays

Capricorns are born from January 1 to 19. They are pragmatic and forthright, so they have no problem sharing their advice. Capricorns can adopt new ideas and make quick judgments in tricky situations. If you were born between January 20 and 31, you are an Aquarius. Water Bearers have attractive personalities and are very imaginative and intuitive. Aquarians have a strong desire to help humanity, create unity.

Paul Revere – Jan. 1, 1735  
Paul Revere – Jan. 7, 1938  
Kate Middleton – Jan. 9, 1982  
Charo – Jan. 15, 1951  
Ethel Merman – Jan. 16, 1909  
George Burns – Jan. 20, 1896  
Paul Newman – Jan. 26, 1925  
W.C. Fields – Jan. 29, 1880

### Residents:

Lisa Gastevich January 5  
Peter Loeb- January 8  
Barbara Corcoran- January 22  
Matthew Alston -January 28

## As Easy As Pie

Eskimo Pie may not have been a pie at all, but it sure was delicious. It was the first chocolate-covered ice cream bar. Christian Kent Nelson got the idea while working in his candy store. He watched as a small boy began to buy an ice cream, then changed his mind and bought a chocolate bar instead. Nelson asked him why he didn't buy both. The boy said, "Sure, I know I want 'em both, but I only got a nickel."

For weeks afterwards, Nelson worked around the clock trying to stick chocolate to ice cream. He teamed up with chocolatier Russell Stover and called his new treat the Eskimo Pie. On January 24, 1922, Nelson patented his idea. Soon millions of the treats were being sold across the globe, and Nelson was raking in \$2,000 a day in royalties. Now that's cold hard cash.

## The Harmonizing Stars of Boston Return!

In honor of Martin Luther King Jr. Day the Harmonizing Stars of Boston will return for what promises to be a wonderful mix of Acapella music and sure fire entertainment. They will join us at 2 PM on January 16<sup>th</sup> in the Community Room.

Come join in on this amazing group!